



KINSALE

The Blue Haven Food Company  
@ the Old Bank House  
Pearse Street, Kinsale, Co. Cork  
Tel: 021 470 6090  
[www.bluehavenfoodco.com](http://www.bluehavenfoodco.com)



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### Baking (Minimum order required)

- treacle brown bread 3.80
- soda white bread 3.40
- tea brack 4.80

### Pastry - Confectionary

- Scone (½ doz) 6.00
- Fruit scone (½ doz) 7.20
- Cupcake (½ doz) 7.80
- Queen cake (½ doz) 6.60
- Apple tart 6.00
- Pear almond tart 7.50
- Lemon tart (12 portions) 21.00
- Chocolate tart (12 portions) 26.00
- Cookie (½ doz) 13.20
- Brownie (6 portions) 18.60
- Muffins (½ doz) 13.20
- Cheesecake (12 portions, lemon, strawberry or baileys) 21.00
- Baked cheesecake (12 portions, vanilla or mango) 24.00
- Carrot cake (12 portions) 19.00
- Individual sticky pudding (½ doz) 19.20
- Pavlova/meringue roulade (12 portions) 22.00
- Bread & butter pudding (12 portions) 30.00
- Apple crumble (12 portions) 26.00
- Lemon drizzle cake (12 portions) 26.00

### Savoury pastries

- Quiche Lorraine (bacon & cheese) (12 portions) 26.00
- Oven roasted vegetable & goat cheese quiche (12 portions) 24.00
- Seafood quiche (smoked salmon/shrimps/dill...)  
(12 portions) 28.00
- S.roll (½ doz) 12.60
- Asparagus/cheddar (12 portions) 28.00
- Salmon en croute (12 portions) 32.00
- Pate "en croute" (pork & herbs) (6 portions) 19.00

### Savoury Dishes

- Cottage Pie (Irish beef) 5.80 /portion
- Shepherd's pie (Irish lamb) 5.80 /portion
- Fish pie (salmon, cod, smoked haddock) 6.80 /portion
- Irish Beef/carrot casserole 6.40 /portion
- Irish Beef stroganoff 6.40 /portion
- Irish Braised steak 6.40 /portion
- Free range Chicken tarragon fricassee 6.20 /portion
- Lamb hot pot 6.80 /portion
- Free range Thai chicken/coconut milk 6.20 /portion
- Irish Beef lasagna 5.50 /portion

### Cold meats (pre-sliced)

Variable market price...

Please enquire...

- Honey glazed ham
- Oven roasted Irish beef sirloin
- Oven roasted Irish leg of lamb with garlic & rosemary
- Oven roasted loin of pork with orange & star-anis
- Cold poached salmon/pickled cucumbers

### Dips Selection (3.50 - 200ml)

- Horseradish cream
- Mary Rose sauce
- Whole grain mustard & honey mayonnaise
- Fresh mint & cucumber Riata
- Mango chutney/coriander/crème fraiche
- Sun dried tomato dressing

### Salads (price /kg)

Variable market price...

Please enquire...

- Bacon potato salad
- Hand cut coleslaw
- Mozzarella balls/cherry tomatoes/fresh basil/olives/lemon juice
- Classical Cesar;  
*Cos lettuce/parmesan cheese/croutons/fresh marinated anchovies / Cesar dressing*
- Ham/pasta/tarragon;  
*Diced ham/penne pasta/Italian dressing/fresh tarragon / red onions / yellow peppers*
- Rice Nicoise;  
*Rice /tomatoes/hard boiled eggs/potatoes/green beans/anchovies/mixed peppers/tuna/olives...*
- Couscous / mint/lemon;  
*Cold couscous semolina/fresh mint/lemon juice/ sultanas/fresh tomatoes*
- Carrot/garlic/orange;  
*Grated carrots/orange zest & juice / garlic / sesame oil/toasted sesame seeds...*

### Assortment of savoury canapés

Full box only...

50 canapés / box

Pick any 5 of the following canapés to create your own selection box.

- Smoked salmon/Philadelphia cheese/cucumber roulade
- Fresh goat cheese/hot red pepper relish/mini quiches
- Quail eggs/paprika/toasts
- Parma ham/crispy sour dough baguette/sun dried tomatoes/poppy seeds
- Confit duck/radishes/mango chutney /rolls
- Cashel blue/pear/tartlet's
- Melon/cherry tomatoes/olives/mozzarella balls kebab

50 canapés = 45 euros.

### Anniversary & special

#### occasion cakes

- **Jam (raspberry) & cream sponge...**

(2 layers of sponge , 2 layers of jam , 2 layers of cream)

10"= 26.00

12"= 36.00

14"= 46.00

- **Dark chocolate fudge cake...**

(2 layers of chocolate sponge/2 layers of chocolate mousse)

10"= 30.00

12"= 38.00

14"= 50.00

- Lemon or orange Madeira cake

(one layer of jam)

10"= 23.00

12"= 32.00

14"= 41.00